



DEPARTMENT OF EDUCATION

COURSE OUTLINE – Winter 2023

HS 1202 A3: BEHAVIOUR MANAGEMENT STRATEGIES

3 (3-0-0) 45 hours for 15 weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations

INSTRUCTOR: Shawna Bate

OFFICE: H203

OFFICE HOURS: Tuesday/Thursday

11:30-2:00 pm or by appointment

PHONE: (780)

EMAIL: sbate@nwpolytech.ca

CALENDAR DESCRIPTION: This course provides students with the tools needed to design, apply and evaluate both simple behavior change and behaviorally based instructional programs. These strategies are applied to helping people develop skills needed to improve the quality of their lives and, more specifically, to improve their participation as members of their communities.

LOCATION/TIME: Room E303 on Tuesdays and Thursdays 8:30-9:50 a.m. (January 4 - April 24)

PREREQUISITE(S)/COREQUISITE: HS 1102: Behavioral and Functional Assessment

REQUIRED TEXT/RESOURCE MATERIALS: Martella, R.C., Nelson, J.R., Marchand-Martella, N.E., & O'Reilly, M. (2012), Comprehensive Behavior Management, 2nd ed., USA: Sage Publishing Company.

DELIVERY MODE(S): In-person

COURSE OBJECTIVES: This course introduces students to:

- The tools needed to design, apply and evaluate both simple behavior change and behaviorally based instructional programs.
- An understanding of various strategies that are applied to help people develop skills needed to improve the quality of their lives and, more specifically, to improve their

participation as members of their community.

- Practice in developing, using, and evaluating behavior change programs.
- The opportunity to apply assessment skills covered in HS 1102: Behavioral and Functional Assessment.

LEARNING OUTCOMES: Upon completion of the course learners will demonstrate knowledge and application of

- 1 - Functional Assessment
- 2- Single-Subject Designs
- 3 - Techniques for Increasing Behavior
- 4 - Techniques for Decreasing Behavior
- 5 - Token Economies and Contracting
- 6 - Techniques for Teaching New Behaviors
- 7 - Self-Management Strategies
- 8 - Techniques for Promoting Generalization of Behavior Change
- 9 - General Learning Principles

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Daily Work 10%	<ul style="list-style-type: none"> ● Short Quizzes (1% each)
NVCI Course 5%	<ul style="list-style-type: none"> ● Attendance (5%)
Assignments 55%	<ul style="list-style-type: none"> ● ABA (Applied Behavioural Analysis) and My Life (30%) ● Self-Management Project (25%)
Tests 30%	<ul style="list-style-type: none"> ● Test 1 (15%) ● Test 2 (15%) <p><i>*tests are non-cumulative, but concepts learned in the first unit are built upon in the next etc.</i></p>

Assignment details and specific instructions will be discussed in class and provided on MyClass. Assignments must be submitted in the dropbox on MyClass by 11:59 p.m. on the due date. ALL assignments and tests MUST be completed and turned in to pass the course.

Unless arrangements have been made with the instructor prior to the due date, late assignments will be docked 2% per day. If the assignment is not received within 10 days of the due date, a grade of 0 will be given.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**. **A minimum grade of C- is required to pass this course.**

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Please complete the textbook and additional supplied readings prior to class. Additional readings may be assigned throughout the course and will be on MyClass or handed out in class.

	TOPIC	READING	ASSIGNMENTS & DUE DATES
January 5	Course Overview Brief Review of 1102 Functional Assessment		
January 10	Single-Subject Designs Review a. AB b. Reversal c. Changing criterion d. Multiple Baseline e. Alternating Treatments f. Changing Conditions	p. 97 - 107	NVCI tomorrow at 9:30am room C224
January 12	Single-Subject Designs (cont'd)		Quiz 1

January 17	Foundations of Behavior Management <ul style="list-style-type: none"> ● Modeling ● Reinforcement ● Extinction ● Punishment 	Chapter 2	
January 19	Foundations of Behavior Management <ul style="list-style-type: none"> ● Primary & Secondary Reinforcers & Aversives ● Deprivation & Satiation 	p. 55	Quiz 2
January 24	Stimulus Control <ul style="list-style-type: none"> ● Shaping ● Chaining 	p. 61	
January 26	Schedules of Reinforcement <ul style="list-style-type: none"> ● Extinction ● Prompts ● Shaping ● Premack Principle 	p. 65	Quiz 3
January 31	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Behavior Momentum ● Self-Management 	Chapter 5	ABA and My Life (Chapter 2) Due
February 2	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Preference & Choice ● Correspondence Training ● Behavioral Contracts 	Chapter 5	Quiz 4
February 7	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Token Economies 	Chapter 5	
February 9	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Generalization 	Chapter 5	Quiz 5
February 14	Catch-up / Review and Test Prep.	Chapter 5	
February 16	Test #1	Chapter 5	Test #1
February 20-24	Winter Break		
February 28	Decreasing Undesirable Behaviors <ul style="list-style-type: none"> ● Least Restrictive and Intrusive 		ABA and My Life (Chapter 5) Due

	<ul style="list-style-type: none"> • Informal Procedures 		
March 2	Decreasing Undesirable Behaviors <ul style="list-style-type: none"> • Least Restrictive and Intrusive • Informal Procedures 		Quiz 6
March 7	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 1 	Chapter 6	
March 11	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 2 	p. 196	Quiz 7
March 13	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 3 	p.199	ABA and My Life (Chapter 6) Due
March 18	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 4 Part 1 	p. 203	Quiz 8
March 20	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 4 Part 2 • Wrap-up hierarchy 	p. 203	
March 25	Catch-up <i>Kids These Days</i> Excerpts and Activities (time permitting)		Quiz 9
March 27	Classroom Rules, Management and Arrangements	Chapter 7	
April 2	Time and Transitions	Chapter 8	
April 4	Stages of Learning	Chapter 8	Quiz 10
April 9	Effective Instruction and Safety	Chapter 9	
April 11	Catch-up / Review and Test Prep.		Self-Management Assignment Due
April 16	Test Review		
April 18	Test #2		Test #2
April 22	Wrap up		

STUDENT RESPONSIBILITIES:

The College expects students' conduct to be in accordance with basic rights and responsibilities. Please refer to the GPRC College calendar regarding rights and responsibilities.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the Northwestern Polytechnic Calendar at <https://www.nwpolytech.ca/programs/calendar/> or the Student Rights and Responsibilities policy which can be found at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

DEPARTMENT OF EDUCATION EXPECTATIONS FOR STUDENT LEARNING

It is the right of the student and of the instructor to a favorable learning/teaching environment. It is the responsibility of the student and the instructor to engage in appropriate adult behaviors that positively support learning. This includes treating others with dignity and respect and following the expectations outlined below.

CLASSROOM

Regular, PUNCTUAL attendance for classes

- Learning from other students' notes or from MyClass is not optimal.
- If you are late to a class, you miss important information about assignments, homework and quizzes. It is also disruptive to other students' learning
- If you miss a class, refer to MyClass or check in with another student.

Children are not considered to be part of the learning environment, please make alternate arrangements for your child(ren).

Turn off cell phones and close other tabs/applications on your device

- Studies indicate that cell phones not only interfere with your learning, but also the students around you.

QUIZZES/EXAMS

Write quizzes on the date and time they are scheduled.

- If an emergency arises that causes you to be unable to write the quiz, please call or email your instructor to leave a message BEFORE the exam begins.

ASSIGNMENTS

Hand in assignments via MyClass on the date indicated.

- Instructors reserve the right to make exceptions to this rule in extenuating circumstances on a case by case basis.
- ALL assignments will be typed, double-spaced (or follow the provided template) and will include a cover page with your name, course number and assignment name.

OUTSIDE OF CLASS

- Complete assigned readings and assignments, regularly review material, check MyClass frequently.