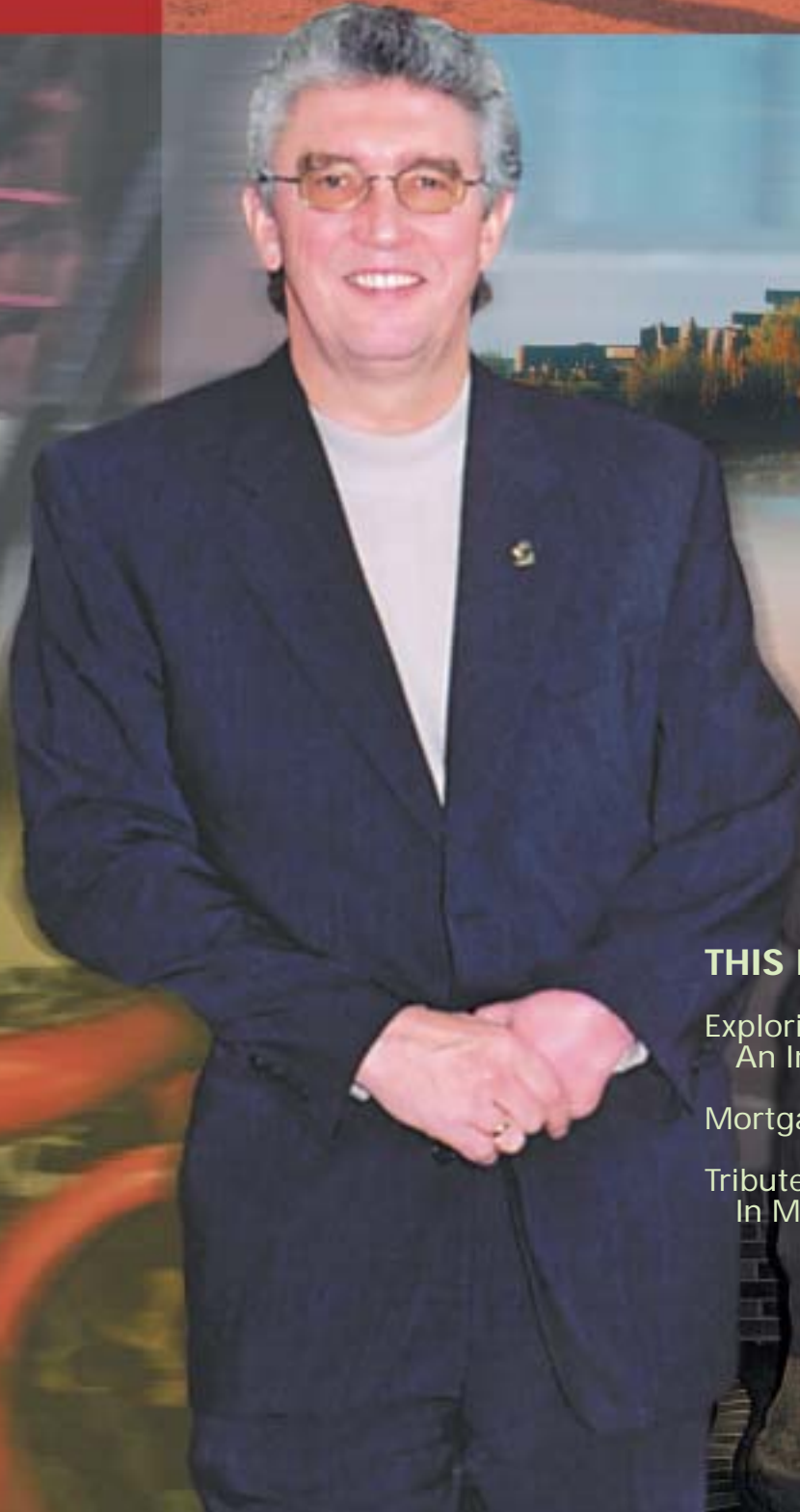


FALL  
2002



# Wisdom

Grande Prairie Regional College Magazine



## THIS ISSUE

Exploring the Possibilities  
An Interview with Jim Henderson

Mortgage Equity Capitalization

Tribute to Henry Anderson  
In Memoriam



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From the words of an early twentieth century painter and art teacher, Robert Henri, "Don't take me as the authority.

I am simply expressing a very personal point of view. Nothing final about it. You have to settle all these matters for yourself".

In his award winning book "Artful Work", Dick Richards quotes many other artists, authors and business leaders who pass on great wisdom for the reader to ponder. The subtitle is "Awakening Joy, Meaning and Commitment in the Workplace". I read this book in the year it was published, 1995. It is definitely not your typical business tome – it is a must read for those committed to the art of work.

Each morning when I arrive at work, I park in "Parking Lot A" on the northwest side of the College. When I have time, I park in the furthest spot so that I can prolong my walk, and absorb the beauty of one of Douglas Cardinal's first major "works of art" – our College. Each fall the beauty of his architecture is enhanced by the sounds and flight of hundreds of wild Canadian geese. As I walk I listen to their

morning chatter knowing they are about to fly out for their morning feed. It is so inspiring; some mornings I feel as though I can reach out and touch them as they fly overhead. My mind goes into instant recall.

I remember the early morning goose hunts on my father's and neighbour's farms near LaGlace. I remember digging goose pits before morning's first light in hopes these magnificent birds would fly low enough so that my dad and brothers could get a clear shot.

As my walk continues my mind again wanders. Many years have passed since the "joy" of owning a gun as a farm boy. Oh how our landscape has changed as I ponder my short journey on this planet as it and I change – physically and spiritually. Now I have traded my gun in for a camera and try to capture the art and science of their flight as the geese fly in formation over an institution of higher learning.

Most of you have read the short story entitled "A Sense of a Goose" so I won't belabour the metaphor. However we humans can learn a lot from geese. They travel great distances by flying in the aerodynamic support of their "V" formation and honking encouragement to each other.

continued on page 4



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Contributors this issue:  
Carmen Haakstad, Derek Hall, Sukumar Nayar, Lynne Ness, Jeff Nutting,

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Fax	780-539-2731
Email	wisdom@gprc.ab.ca

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Photo: Carmen Haakstad

# A Sense of Community

*“The Alumni and Foundation Boards are proud to be helping our community find ways to strengthen and build our College, providing opportunities for excellence in higher education.”*

*– Lyle Carlstrom, Chair, Alumni and Foundation Boards*



Mae and Kay Trelle

The Sense of Community sculpture and Honour Wall has been created at Grande Prairie Regional College to honour and recognize the generosity of individuals, groups and businesses that continue to support our College in the pursuit of excellence in advanced education.

This Honour Wall is an enduring tribute to the people of our Community – donors, valedictory scholars, faculty emeriti, distinguished alumni, and others.

Nearly 200 people from the community gathered in September for the official unveiling of the Honour Wall and the sculpture by

continued from page 3

My walk is almost over. When I enter the College I purposely walk by the Sense of Community sculpture and Honour Wall and I am reminded of my recent conversation with Dr. Henry Anderson. I had telephoned the College’s first president to invite him to our major community dinner “Celebrating our Past; Building our Future”. He graciously accepted the invitation and was looking forward to rekindling his relationship with Douglas Cardinal and other close friends in Grande Prairie. I so admired Dr. Anderson’s vision and I am so grateful for his willingness to take a major risk to build this great



Photo: Carmen Haakstad

College. His inspiration lives on through many others and we look forward to honouring him this

February. Thank you Henry.

I am now past the Honour Wall and almost at my office door and I have one final thought...it is in the sub title “Awakening Joy, Meaning and Commitment in the Workplace. “What a joy to have the opportunity to work with others that are helping advance our community – socially, economically and spiritually.

It was a short walk – my mind traveled far during my journey from my car.

**– Carmen Haakstad,  
Executive Director, Advancement,  
Grande Prairie Regional College**



Lyle Carlstrom Chair,  
Alumni and Foundation Boards



Bill and Margaret Bowes

GPRC alumna Helena Mulligan. The event was held in appreciation of donors, and included the first ever presentation of the Steps to the Greater award.

Kay and Mae Trelle were awarded the Sense of Community miniature in recognition of their planned and present gifts to the College, and their enthusiastic involvement in events at the College.

The Honour Wall consists of eight panels, of which three are dedicated to recognition of annual gifts to our College. Each gift level represents the cumulative total of the gifts. Other recogni-

tion panels include Valedictorians of GPRC, Faculty Emeriti, the Board of Governors and other contributors to Academic Excellence.

"We truly appreciate the numerous philanthropic gifts to our College," says Carmen Haakstad, Executive Director, Advancement. "The Honour Wall is one small way of saying Thank You!"



Former Board Chair Fred Estlin,  
Muriel and Clem Collins

*"People, coming together in a spirit of community and neighborhood is what makes the smallest rural hamlet or the largest urban centre worth living in."*

*- author unknown*



Steven Shavers, Chair  
Board of Governors

*"This work is about moving up. Each figure is helping the other to a greater knowledge of wisdom, beauty and all that is good."*

*- Helena Mulligan*



Teresa Sargent,  
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# Oswald Warner

## Making the link between sociology and students

"You must leave my class different from how you came in," says Oswald Warner. "I expect my students to be profoundly and personally changed by what they learn," The GPRC sociology instructor challenges his students to make the link between their studies and their own lives.

"I teach from a standpoint of social experiences – both my own and those of the students – I insist that they make the link between their own lives, how they live, and the study of Sociology."

Professor Warner has strong views about pedagogy, the science of teaching. "I continually allow students to evaluate themselves. I encourage students to read, I like to ask my students to write. If you can write about your ideas, link it all together, then you have it, you know the subject matter.

"I tell them that 'Something must make some kind of connection in your life. Write in your subjective voice. Centre your argument and discussion in your own experience – then it will have strength.'

"Today I gave back over 120 papers. I read every word; there is where I get my joy. Most of the students come into my class without too much exposure to the ideas we are about to explore – I always get a thrill when I see them start to pause, to adjust their thinking, to change their perspectives."

Oswald Warner wants his students to share an experience which was a turning point in his own life. "In one of my graduate courses, I was exposed to a new perspective, a new way of looking at race, class and gender, an intersection of

views – a more comprehensive way of looking at people and issues. Suddenly a light came on for me; my perspective was profoundly changed. I want my students to experience something like this."

Professor Warner is a tenure track instructor who came to GPRC for his first experience instructing at the undergraduate level in Canada, "I have taught Michigan State undergraduate students for many years, and had never before had the experience of being an instructor at a college in Canada.

"When I got here, my expectations were very high. Then I was a little surprised by my students. But I did not adjust my expectations very much; rather, I worked on raising the expectations of my students.

"There is such a broad spectrum of students at a college – some

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excellent students and some students who need additional consideration. As an instructor, you are challenged on both ends: by the stars, those who are fortunate, and by those who are not so fortunate. The challenge can be a little daunting, but also exhilarating." The teaching style of Oswald Warner was quickly acknowledged by GPRC students. He received the Students' Association Teaching Excellence award for 2001 – 2002, based on a nomination by a class of students. The award annually recognizes an instructor with exceptional knowledge and interest in the subject being taught; one who has gone to great lengths to encourage the potential of students.

Professor Warner is modest about the award. "Student approval is meaningful to me, but only if they have pinned their approval on the learning process, not some end result such as a good mark, or having had fun in class," he says.

*"I teach from a standpoint of social experiences – both my own and those of the students – I insist that they make the link between their own lives, how they live, and the study of Sociology."*

The two past years at Grande Prairie Regional College have brought Professor Warner a variety of challenges – personal, academic, sociological. His wife and son still live and work in Ontario, so missing his family is a daily factor. These two years have included steady work on his doctoral dissertation, which is about to be published in New York. And Oswald Warner, native of Trinidad, sociologist and immigration scholar, has here come face to face with what to him was only a concept two years ago: the Native Canadian.

"This has been quite an experience. Before coming here, I had

not been so close to Native Canadian people, their lives, their issues. As a college, GPRC is very involved in these. Exposure to the Native Canadian is a telling experience for me – seeing them in person, becoming aware of the many "peoples" within that broad descriptor, being involved with them as students, colleagues, neighbours, friends . . ."

Now what Professor Warner wants is to create some additional sociology courses for students of GPRC. "One I have been thinking about for the past two years is a course called 'Visual Sociology of the North.' There are many logistics involved in offering a new course, so this is still just my own dream, but I am eager to offer this course here. It will involve sending students out into the smaller communities, the reservations, to capture some of the remoteness, the life, before those communities begin to disappear."

'I satisfied one of my goals shortly after I came here – the Globalization course. Our physically distant community is a resource-based economy, and just now a vibrant economy. In the Globalization course, student's quickly become aware of the global impact of our day-to-day lives in Grande Prairie."

At GPRC, Oswald Warner teaches Introductory Sociology, Introductory Sociology of Globalization, The Family, Inequality and Social Stratification, Canadian Society, and Criminology. His book **Economic and Social Incorporation: The Lived Experiences of Trinidadian Immigrants**, is now being published as part of a series entitled **The New Americans: Recent Immigration and the American Society**. In his book Warner studies the attitudes of Trinidadian immigrants that help them confront discrimination and build a foundation for socioeconomic success.

– Lynne Ness

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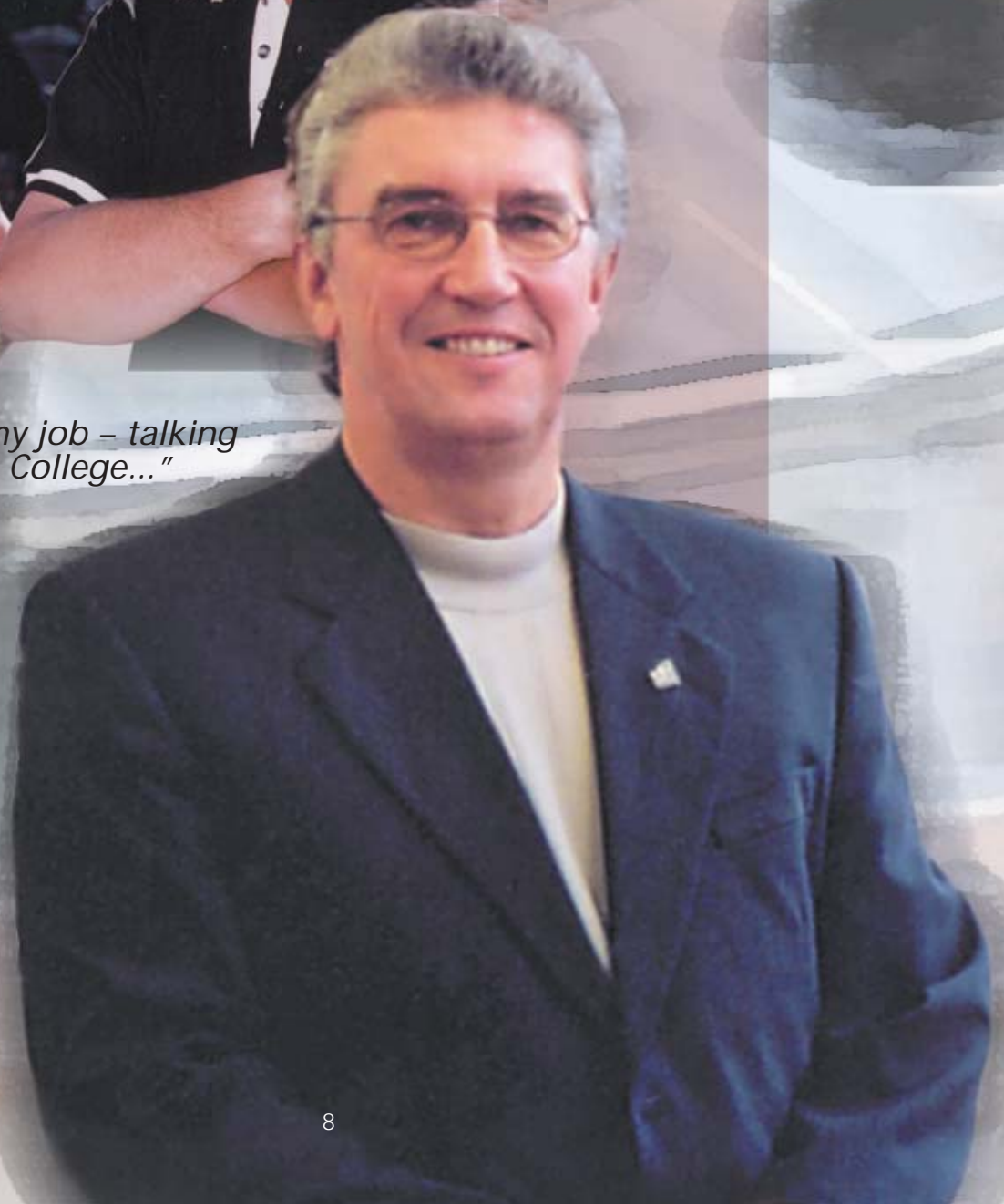
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*"I love this part of my job – talking to people about the College..."*





# Exploring the Possibilities

President Jim Henderson

When Jim Henderson walked into a Peace River restaurant last July, his mind was on future students, not current students. After all, he was there in his first days as President of Grande Prairie Regional College, and he was there to meet and talk with school superintendents of the North Peace.

"There's someone here you should meet," he was told, and was promptly introduced to a waitress in the restaurant – a GPRC student working at her summer job. During their conversation, President Henderson learned a great deal about Grande Prairie Regional College.

The student spoke of her experience in the Teacher Education North program, the Bachelor of Education degree offered at GPRC in collaboration with the UofA. "She told me that she would not be pursuing a degree if this program had not been offered at GPRC," says Jim Henderson. "She is from a very small community, and simply is not willing to move to a big city. Then she talked to me about the small classes, about how she has been able to get to know her instructors personally, and to have one-to-one conversations with them." The Peace River area student told the President that she has appreciated the chance to get to know people in a setting which is much more friendly and personal than the huge lecture halls her friends experience at big universities.

"That encounter spoke clearly to me of what GPRC means to the people of our region, why we are here," says Jim Henderson. "We are here to ensure that students like this waitress can get the education they want and need, without having to give up home, lifestyle and community.

"One of the concerns I have is that there are areas within our region that do not have the access to higher education that they would like to have, that they need. There is a strong concern that youth are leaving the smaller communities in our region. Often they leave to complete higher education, and never return. I see that those communities are very concerned about getting access to education so they can retain their youth and keep their communities vibrant and growing. As a regional college we need to work closely with those communities to find solutions."

Access is the number one issue Henderson feels is facing higher education today "We in Alberta in particular are very proud of the level of education that our citizens have, but in fact we are a net importer of educated people. We still do not have sufficient access in the province to meet the needs that are here now. For example, Alberta has one of the lowest rates of degree granting per capita of any province in Canada. That is of concern, because if the economy picks up in other provinces and those well-educated people stay

put, Alberta will have an immediate shortage. We don't have the means to deliver the number of degrees we now depend upon. So access is the number one priority."

Developing increased opportunity for students of our region is high on Jim Henderson's To-Do list this year. "We have to work in concert with the economic development authorities and with those communities to continue to find ways and means to keep young people in their communities. I have talked to SMEDA, PREDA, Chamber of Commerce people – and in some of these smaller centres they are really concerned about where it goes from here. We have seen government cutbacks in health care, and they're concerned about potential cutbacks in education. To them, the health care and post-secondary institutions can be and should be the cornerstones of their communities."

The strength of a community is tied very closely to the availability of education. The economic benefits of building and retaining an educated population are well documented, Henderson says. Communities with higher education levels have lower health care costs; education and personal health are closely linked. Communities with higher education levels have lower crime rates (and lower costs associated with crime.) If educated local people are available to pursue local opportunities, the costs of every-



thing from recruitment to project completion are dramatically reduced.

"It is the responsibility of this College to enable the citizens of our region. We cannot force people to learn; we cannot make everyone be productive, but we must provide the means by which people can become productive. It is our responsibility to enable our citizens to be active and productive in society.

"When you look at the social impact of education, you have to recognize that the shelf life of the actual knowledge our graduates take away with them is relatively short. The real impact is in things like helping people to learn, so that learning becomes a way of life; helping people to gain a respect and an understanding of cultures; helping them to understand working with others.

"A simple example is group projects. I have often heard students say "Why is it we always have to do group projects? I always seem to get with someone who doesn't want to work as hard as I do, who doesn't want to get as good a mark as I do. . . ." My response to those students is: "You've just learned what life is all about. That's what is going to happen when you get out there in life." Our students develop their judgment, they develop their understanding. They develop tools which are not necessarily in their textbooks. I think the things our graduates have learned will be much more evident several years down

the road when the facts they gained may no longer be of value, but the tools, attitudes, and skills gained will help them be productive throughout their lives.

"It's fair to say that the well-being of our community is clearly part of what the College is about – and what the President has to keep in mind as well. We have to constantly be working in concert with the players in our community, and with our partners in the community. If we do not, then we may do things right, but we may not do the right things.

"As President, I need to stay in touch with the community at all times. I need to make sure that our internal leaders are cognizant of where the community is going and what the community's needs are as well. We cannot provide all of the solutions, we cannot be all things to all people, but we have to use our resources to the betterment of the whole community and get them on side with us."

Jim Henderson makes a point of keeping in touch with the community. He goes out each week to visit some businesses, business people, economic authorities, education, health care units. "These visits help me to better understand what they are about – and also help them better understand what we at GPRC are about. There are a lot of possibilities out there that I did not realize existed until I managed to get out into the community to talk to people."

Conversations with the President throughout the commu-

nity have already led to the exploration of exciting possibilities.

"Degree granting is a regular conversation. The more that students from northern communities are able to complete education here, the greater the possibility that they will remain in our communities.

"We have recently announced new health services at GPRC in cooperation with Mistahia. To accomplish this, we have been talking together, exploring possibilities for the future together, as opposed to bemoaning the fact that neither of us has enough resources for the present. Looking ahead, we have discussed the possibility of a community health centre here on our campus, following up on the partnership which has already been accomplished here by perhaps developing a new facility. Suddenly there is potential for a teaching facility, and the strength of both health and education in our community has mushroomed – better for our students, and better serving the community itself.

"Another conversation that I have had both internally and within the community is about tourism and hospitality. This has great potential for strength in our region. We need to be able to develop those types of opportunities here.

"When I go and meet with Pete Merlo of Lee's Sheet Metal, Pete talks with great pride of the training that he can provide to high school students here. The reason he provides training here, is that if



they have to go down to Edmonton or Calgary, the odds are pretty good that they are going to end up staying there. So he's saying that he has to become part of the solution here. When I tell Pete that as part of our Tri-College initiative, one of the things we are doing is to bring the Welding program here this fall and again next term, then Pete, who is an employer of welders, sees that now we are able to be part of his solution.

"Those conversations are happening. Those conversations are acknowledged and registered by leaders in our community, by leaders in our governments. Those conversations bear fruit.

"I love this part of my role – talking to people about the College. I love being the recipient of the positives coming back – the times that people come forward proudly to say "You may not know this, but I am a graduate of Grande Prairie Regional College – and look at what I have been able to accomplish with my GPRC education!"

President Henderson makes two promises for the near future:

"Two things our community can expect from GPRC in the near future are that

1. GPRC will become more entrepreneurial (we want to be in a position to respond in a timely fashion to the emerging and evolving needs of our community), and
2. that we will make sure we are able to deliver the core post-secondary programs to the people of our region."

– Lynne Ness

## Recently Published Works Faculty of GPRC

### BOOKS

Elroy Deimert, Instructor, Arts, Commerce & Education  
editor, *Nose Mountain Moods*, Smoky Peace Press, 2002.  
editor, *Kakwa Rising*, Smoky Peace Press, 2001.  
Elroy Deimert, BA, MA, PhD

Dawn McCoy, Economics Instructor, Hinton campus, Arts, Commerce & Education

*Landing a Job for Canadians for Dummies*, John Wiley and Sons, Ltd., October 2002.  
This is the first Comprehensive Job Search Guide written exclusively for Canadians.  
Dawn McCoy, BA, MBA, HR Management Certificate

Oswald Warner, Instructor, Arts, Commerce & Education  
*Economic and Social Incorporation: The Lived Experiences of Trinidadian Immigrants*, LFB Scholarly Publishing, New York, 2002  
Oswald S. Warner, BA, MA, PhD

### ARTICLES

Cheryl Bereziuk, Instructor, Arts, Commerce & Education  
*The gendered brain*. (2001). *Lobstick: An Interdisciplinary Journal*, 2(1), 69-78.  
Cheryl Bereziuk, BA Psych (Hon), MA Psych

Jeff Nutting, Instructor, Business Administration  
*The Modigliani Miller theorem and mortgage equity capitalization*, *The Canadian Appraiser*, Fall 2002.  
Jeff Nutting, BA, MSc, MSc(SOAS), AACI

### CONFERENCE PRESENTATIONS

Elizabeth Hood, Instructor, Nursing Education  
Presented at 2nd Interprofessional Conference on Spirituality and Health Care, University of Toronto Faculty of Medicine, October, 2002  
*Diagnosing in the Spiritual Dimension: Process, Pitfalls, and Potential*  
L. Elizabeth Hood, RN, MSN, PhD (student)

Jaime Santiago, Instructor, Science  
Co-author of a paper presented at the Division of Plasma Physics of the American Physical Society meeting, Orlando, Florida, November 2002  
*Laser-Produced Micro-Plasma X-ray source*  
Cristina Serbanescu, Jaime Santiago, Robert Fedosejevs (Dept. of Electrical and Computer Engineering, University of Alberta, Edmonton, T6G 2V4 Canada)  
Jaime Santiago, BSc, MSc, PhD

### DISSERTATIONS

Rick Erlendson, Instructor, Business Administration  
*Without a Map: Teaching Business in an Age of Globalization*  
University of Alberta, November 2002  
Rick Erlendson, BEd, Med, PhD

Rolf J. Boon, Instructor, Fine Arts  
*Building Community: Senior College Administrators' Perspectives*  
University of Alberta, 2002  
Rolf J. Boon, ARCT, BEd, BMus, MM

### EXHIBITIONS

Ed Bader, Instructor, Fine Arts  
Solo Exhibitions:  
*New Work*, The Trianon Gallery, Lethbridge, Alberta, February. 2003  
*The Wanderer +15 Windowspace*, Truck Gallery, Calgary, Alberta, 2002  
*The Wanderer* The Prairie Art Gallery, Grande Prairie, AB., 2001  
Group Exhibitions:  
*Photo Roman* The Medicine Hat Art Gallery, Medicine Hat, AB., 2002  
*Pulse: Northern Alberta Drawing Exhibition* Travelling Exhibition, Alberta 2002-03  
Ed Bader, BFA, MFA

# The Modigliani Miller theorem and mortgage equity capitalization

*Excerpted from an article by GPRC instructor Jeff Nutting, published in the Fall 2002 issue of The Canadian Appraiser. In addition to teaching in the Business Administration department at the College, Jeff is an AACI and has been an appraisal consultant for 16 years in the Peace River block. He has served on the National Investigating Committee of the Appraisal Institute of Canada.*

The Income Approach to Value is one of the three major approaches to valuation used by real estate appraisers. This gives a valuation to real estate by capitalizing the net income flow of a real property. Thus a building that has a net rental of \$20,000 per annum would be worth \$200,000 if capitalized at 10 percent, i.e. \$20,000/.10. The capitalization rate used is reflective of the risk of the realty investment.

One of the techniques of direct capitalization is a type of band of

investment method using the combination of a mortgage capitalization rate and an equity capitalization rate. The rate of return to the mortgage holder is usually considered to be the mortgage payments over the initial year divided by the mortgage amount. The equity capitalization rate is the ratio of annual equity dividend to the amount of equity investment. Usually a building's anticipated cash flow to the investor is divided by the initial equity investment to obtain the equity capitalization rate. The formula for the mortgage equity method is:

$$M * R_m + E * R_e$$

where: M = mortgage advance  
 E = equity ratio  
 R<sub>m</sub> = mortgage capitalization rate  
 R<sub>e</sub> = equity capitalization rate

The Modigliani Miller Theorem in financial theory looks at the effects of debt on the value of a firm. It indicates that the value of a firm is not affected by its choice of capital structure. The Theorem backs this finding due to two propositions. Proposition One holds that a firm's value is decided by the assets it holds not by the way it chooses to finance those assets with stock or debt. Thus value is dictated by the riskiness of assets and their earning power. Proposition Two holds that the



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expected return on a company's stock rises the more highly leveraged a firm is. The more leverage or debt there is, the more risk to the common stockholders of a firm.

What relevance does the Modigliani Miller theorem have to real estate appraisal? It directly relates to the overall capitalization rates that are based on the mortgage equity technique. Modigliani Miller would tell us that an investor cannot change the value of a building by varying the mortgage amount. Thus the value of the building would not change regardless of the mortgage advance it had. With perfect capital markets, risk would be perfectly reflected in the equity capitalization rate. If the Modigliani Miller theorem holds, we should see equity capitalization rates increasing in real estate transactions as the level of mortgage financing increases. The greater the mortgage advance, the greater the risk to equity capital and thus the higher the equity capitalization rate. This is seen in the following formulas.

$$(.75 * 10\%) + (.25 * .20) = 12.5\%$$

$$(.90 * 10\%) + (.10 * .35) = 12.5\%$$

sales data from January 1996 to December 1999 in the City of Edmonton.

Using the ChartWizard component found in Excel 2000, the writer examined the equity capitalization rate versus the equity investment advance in these sales. A number of simple regressions were run using the Edmonton apartment data with the Microsoft ChartWizard software. Two of the regressions indicated significance between the equity capitalization rate and the percentage level of equity investment. Their equations are  $y = -20.929\ln(x) - 17.124$  and  $y = -16.98\ln(x) - 6.2432$ . They show that the equity capitalization rate increases with higher levels of mortgage advance. The less the equity investment as a ratio of the purchase price the more the risk to equity and the higher the equity dividend rate. Thus in summary the Modigliani Miller theorem is relevant to the valuation of income properties.

*To read this article in its entirety, please refer to The Canadian Appraiser periodical, Fall 2002.*

Net Operating Income

Overall Capitalization Rate

$$\frac{\$80,000}{.125} = \$640,000$$

Net Operating Income

Overall Capitalization Rate

$$\frac{\$80,000}{.125} = \$640,000$$

Does empirical market evidence in the realty market back the Modigliani Miller theorem? Gettel Appraisals Limited of Edmonton allowed the writer access to a realty databank. In particular, the writer examined 600 apartment

– Jeff Nutting



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**BalconyLeft**

The College Theatre, now operated through a management contract with Grande Prairie Live Theatre, has had a busy season - over 35,000 people came through the doors last year! There were more than 300 bookings, with over 150 performance and conference events.

Everything hit the stage from Dave Broadfoot (of Royal Canadian Air Farce), to country artist George Fox and classical guitarist Oscar Lopez. Local productions last year included the rock musical Rock of Ages, the GPLT musical Bye Bye Birdie, and a Christmas Pantomime. GPRC Fine Arts and Conservatory productions are also a regular part of the musical calendar.

This year is shaping up to be even better - a sold out Ron James show, Franklin the Turtle in November, country legend Ian Tyson in the new year, and blues legend Guy Davis this spring.

We are continuing to improve the space for a variety of uses. Our new 30 foot electronic screen has been a big hit with business and

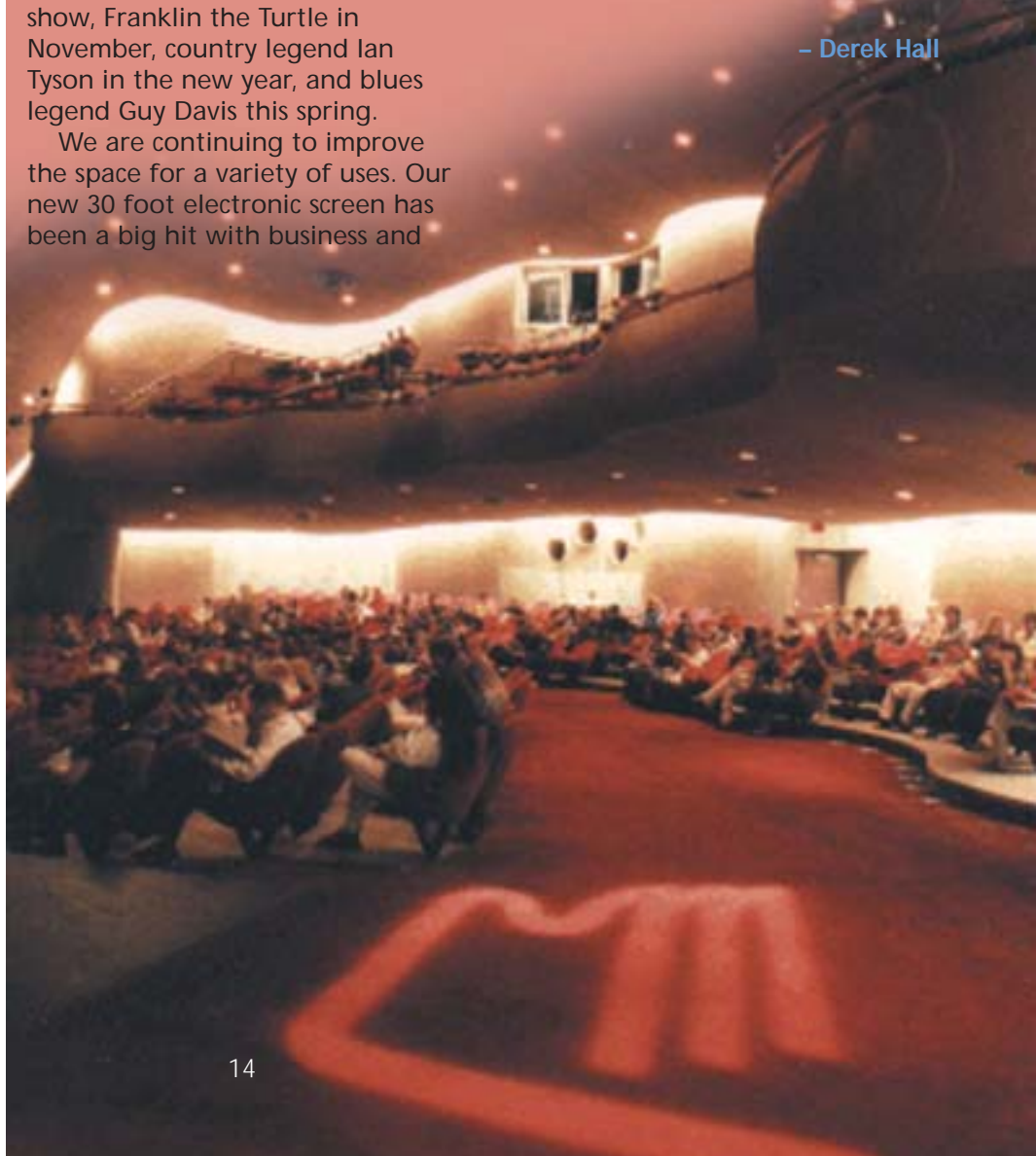
conference presentations - not to mention this year's Banff Rocky Mountain Film Festival in January.

Some of our most important clients though, are the children of our region.

From dance recitals to Music Festival, school concerts and drama student tours and productions, The College Theatre provides a greatly appreciated venue. If our youth are to develop their talents in the arts they need the opportunity to perform in the right space, with the right equipment.

If you would like Theatre Event Updates e-mailed to you, or if you have any questions, comments or suggestions for Grande Prairie Live Theatre's management of The College Theatre, please contact Derek Hall (derek.hall@gplt.ab.ca 538-1616)

- Derek Hall



# You don't even want to try to keep up to these alums!



GPRC Alumni Colin McArthur and Tara Lee Stillwell have been setting a mean pace lately. Both former GPRC athletes were members of Team Canada at the Triathlon World Championships in Cancun in November.

Tara-Lee, a native of Edmonton, played Wolves Volleyball in 98/99 and 99/00, and also ran with the Wolves Cross-Country Running team in 99/00. She was a Bachelor of Science student while at GPRC, and has gone onto Engineering at the UofA .

Colin played Wolves Volleyball while he completed the first two years of his Bachelor of Physical Education at GPRC, later graduating from the University of Alberta. These days he is working in Grande Prairie, as a kinesiologist at Columbia Health Centre – except for a few days in November when he was competing in Cancun.

“After graduation I moved to Victoria for a while, as a kind of holiday,” says Colin. “While I was there I competed in the June qualifying race, which allowed me to travel to Cancun with the Canadian team.”

Colin did what he could to prepare for competition in the heat of Mexico. “I moved my training cycle into the bathroom, cranked up the heat and turned on the humidifier,” he says. “That helped prepare me, but even so my run time was 3 minutes slower than it would have been at a competition in Canada.”

The competitors completed an

ocean swim, bike and run. “It was a good experience – super hot!” says Colin. “I started on the bike at 11:00 – by the time I was on the run it was over 35 degrees! I ended up 12th in my age category – second place among Canadians in my category.”

“Triathlon is fun!,” Colin says. “It’s not that hard. I think triathlon competition is 30% skill and 70% dedication. If you do the training, you can do the race.”

## Colin McArthur

Finish time:	02:07:05
Swim:	00:21:54
Trans 1:	00:02:25
Bike:	01:01:28
Trans 2:	00:01:19
Run:	00:39:59



## Tara-Lee Stillwell

Finish time:	02:32:34
Swim:	00:26:07
Trans 1:	00:02:14
Bike:	01:10:00
Trans 2:	00:02:04
Run:	00:52:09





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'69 **Sherida Rossol (McIntosh)**, Business Administration '68-69. Sherida works in Accounts Payable at the Grande Prairie Regional College.

'70 **Cliff Turner**, Science '69-70. Cliff is the CEO of Turcon Construction Group, based in Grande Prairie.

'74 **Murray Driver**, Education '73-74. When I left GPRC I went to work at Midwest Home Furnishings in their sales department and eventually took on the role of Sales Manager. I spent 7 years there and then joined the sales team at CFGP (now SUNFM) where I became the General Sales Manager in 1988. I have spent 20 years in the radio industry and have enjoyed it immensely. It doesn't seem that long ago that I attended the college, then on 102 St. but it has been a while because my son Michael attended GPRC before going onto NAIT and my daughter Karen is currently enrolled in the science program at GPRC. The most fun was in 1974 Phys Ed department ski trips to Powder King when Dr. Bob (Waldenburger) was an instructor.

'75 **Mike O'Connor**, Business Management '74-75. Mike is married and lives in Grande Prairie.

'77 **Pete Merlo**, Engineering '76-77. I graduated from the U of A in 1981 with a degree in Mechanical Engineering and am presently Co-Owner and Manager of Lee's Sheet Metal, which employs 75 people with the Grande Prairie Construction, Manufacturing and Service Industry. I am married and have two boys. I am very active in the Grande Prairie community and in 1996 I became the proud recipient of the 1996 Clem E. Collins award for service to the Community.

'80 **Greg Stogryn**, Business '79-80. Greg is a Production Coordinator for the Alberta Energy Company. He remembers the great people and good times at GPRC.

'80 **Nicholas Larter**, Science '70-80. I transferred to the U of Alaska and graduated with honours with 3 BSc degrees. I attained my MSc and PhD in Zoology in 1988 and 1994 respectively. I then took a position in 1993 with the Government of the Northwest Territories as the Caribou/Muskox Biologist based in Inuvik. Recently, I transferred to the south becoming the new Regional Biologist for RWED based in Fort Simpson. My research findings have been presented at various national and international conferences including Krakow, Tomso, Kuujuaq, Whitehorse and Fairbanks and have published my work in various scientific journals. I am married and have 2 daughters. My most memorable moments have to be John Sloan's organic chemistry labs and the GPRC stage band spring 1980 tour to Whitehorse.

'81 **Lance Rancier**, Business '79-81. Since publishing Sex Chronicals I have written two more projects. I am planning a return to Grande Prairie.

'81 **Tina Sieben (Abbott-Brown)**, Business Administration '80-81. After leaving GPRC I married Dan and we have 3 beautiful children. I spent time working on the local Rugby team and in the last few years snatched the opportunity to be part of

our family business, Abbott-Brown Appraisals. I look back fondly on my years at GPRC.

'82 **James Penner**, Humanities and Social Sciences '80-82. I am married to Claire and living in Lethbridge, Alberta. I'm working for Intervarsity Christian Fellowship as a Youth Sociologist/Spiritual Director and am also a lecturer at University of Lethbridge in Sociology and author of the forthcoming "Soul Searching the Millennial Generation: A Guide to Youthwork."

'84 **Mark Cox**, Business Administration '81-84. Having worked in the internet industry for 8 years it's only now I decided to check if GPRC was on the web. My story is probably quite unique in the history of GPRC in that I was a foreign student from Barbados, West Indies and decided to complete my education outside of the region. We had family friends living in Alberta and I decided on a Business Admin. Diploma at GPRC. I returned to Barbados in 1984 after making many friends in Canada and at the college. After working in the Caribbean for 5 years I decided to accept a job opportunity in London, England and here I am 13 years later. It would be great to get in contact with other college buddies from that era. Mike Ens and others who studied with me.

'84 **Chris Coutinho**, Political Science '82-84. I had a great time at GPRC. Even though I graduated from UVIC in 1987 I still consider the best learning years as the ones I spent at GPRC. I am currently Senior Vice President for avidXchange and am living in Charlotte North Carolina.

'84 **Wes Jackshaw**, Bachelor Physical Education '81-84. I went on to graduate from UVIC in Kinesiology. I am married to Miriam and we are blessed with four children ages 7 through 12. We moved to PEI 6 years ago where I developed an Early Intervention program for the Health and Public sectors. I have begun training once again for running and cycling and am currently looking to be on the Canada Games Cycling teams' coaching staff. One of the aspects of GPRC that I fondly recall was how all the sports teams would get together a few times each year for house parties; I hope that camaraderie still exists!

'86 **Sandy Bellwood (Watt)**, Office Administration '85-86. I went back to school part time in 1999. I have completed level 3 of my Certified Professional Purchaser designation and just have level 4 to go. I was married right after college and waited 7 years to have my daughter. I enjoyed the friends and the teachers I met from GPRC - Great people!

'88 **Lionel Frey**, Education '86-88. In 1990 I started a career as a junior high school teacher in the County of Grande Prairie. Through the '90's I worked as an employment counsellor and business analyst and am currently with the Grande Prairie and District Chamber of Commerce.

'90 **Lalon Bolt (Pohl)**, Business Administration '87-90. Lalon lives in Kamloops, BC and owns Happy Family Child Care and Wild Prairie Soap Co.

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'91 **Roxanne Cote (Ruddock)**, Business Administration '89-91. Roxanne is living in Calgary.

'91 **Erin Haiste**, Rehabilitation Services '89-91. I was actively involved in the field of Rehabilitation for 12 years. I left that field in November 2000 to be part of a small business called Dad's Delivery.

'92 **Katherine Osted**, ECD/Education '89-92. Katherine is living in Hay River, Alberta.

'93 **Tracey Leigh Anderson**, Business Administration '91-93. We had the best class and the most fun. I enrolled as a mature student and completed the 2 year diploma program majoring in Accounting/Finance. That was the first year that Bill Corcoran and Douglas Frattini were instructing. I can still remember Frattini trying to drill basic accounting into our heads - 'Debit handed' (holding up one arm) - 'credit handed' (holding up the other). He would repeat this litany until the class got it right. I am working for the City of Grande Prairie in Accounts Receivable.

'93 **Kelly Jobson (Papenfus)**, Business Admin - Marketing/Management '91-93. I got married in June of 1997 to Ed, who is an RCMP Member. We just had our first daughter on January 8, 2001, Lara Victoria. I work for the RCMP as a Telecommunications Operator in Red Deer.

'93 **Faris Atkinson (Swallow)**, Nursing '75-76,89-93. Majored in 'Party' in 1975. I'm married and since 1977 have been raising a family. I became an EMT and after 5 years came back to GPRC to upgrade and prepare for Nursing. I graduated in 1993 and worked in Community Nursing Active Care at the QE2, then as Area Manager for St. John Ambulance for 5 years. Currently my husband and I run a home based business.

'93 **Jodi Skaley (Huether)**, '91-93. I was working for Perry Securities Ltd. For 6 years until I gave birth to my daughter Laryssa on June 24, 1999. I then decided to stay at home with her. My favorite memory of GPRC was being chosen valedictorian for my Office Admin class. What a great honor.

'94 **Suzanne Landers (Fournier)**, BA-Criminology '93-94. I finished my degree at the U of A and played Panda's volleyball there. I got married in 1999 and had a girl in May 2001 named Elizabeth. I am working for the Edmonton Police Service but am currently enjoying maternity leave.

'95 **Lenore Tochor**, Bachelor of Commerce '93-95. Lenore lives in Grande Prairie and works as an Agent for Clarica Investment and Insurance.

'95 **Betty Jane Schettle**, Office Administration '93-95. I made a career change to Sears Canada as a Human Resource Associate in June 2000. My favorite memories of GPRC are the 1995 Canada Games, Weyerhaeuser's Tour, Awards Presentation, golf lessons, graduation and many more - I also received a certificate for the 'Courtesy Award.'

'95 **Sharon Trudeau**, Office Administration '93-95. It's been nearly 8 years since I walked out the doors of GPRC with diploma in hand and tears

in my eyes at having to say farewell. My work has taken me from GP to the Yukon to Ontario. I am currently working as the executive assistant/office and systems administrator for the President of a busy law firm in Traverse City, Michigan. I also own and operate my own native jewelry company, Waawaaskonenhens (which is also my Odawa name). In addition to the foregoing I teach computer software programs and assist others in understanding computer hardware and how it all works. One of my favorite memories of my time at GPRC is when I was asked to write a poem about the Office Admin program for a brochure of the college. I was deeply honoured to be asked. One of my poems, Thunderbird in Flight, has recently won the International Poet's Award of Merit and I have been nominated for International Poet of the Year 2002. In closing, I would like to say another heartfelt thank you to my former instructors in the Department of Office Administration. You taught me well and I hope I have done you proud. Miigwetch (Thank You).

'96 **Doug Hennigar**, Business Administration '94-96. Doug lives in Grande Prairie and is a Manager with Telus.

'97 **Tracy Frith**, Bachelor of Commerce '95-97. Tracey is living in Calgary.

'97 **Tanya Tietge (Peterson)**, Rehabilitation Services '95-97. After graduating in 1997 from the Rehabilitation Services program I worked in Edmonton for 8 months for Edmonton Home services. Shortly after beginning there I found out I was pregnant with my first child. I then became a stay at home Mom of my son Jay. Since then I have had one other child. A daughter named Rayanne. I plan to take upgrading when my kids are in school, possibly for Teaching Assistant.

'97 **Denise Ostaszewsk (Hudak)**, Early Childhood Development '95-97. Denise lives in Foremost, Alberta.

'97 **Misty Norton**, '95-97. Misty lives in Vermilion, Alberta and works at the Richardson Denture Clinic.

'97 **Paul Cashman**, Business Administration '95-97. Paul is living in Grande Prairie and is working in Inside Sales at Strongco Supplies.

'98 **Marilyn Cardinal**, Office Administration '96-98. Marilyn is a Child Welfare Finance and Administration Clerk in High Level, Alberta and is married to Duane Lambert.

'98 **Deanne Sauve (Darr)**, Office Administration '96-98. I have been married for 3 years, have 2 Persian cats, no children and 4 nieces under the age of 5. I worked with Mistahia for 3 years and since graduating from OA I have obtained a diploma in Interior Design and Pet Grooming.

'98 **Michelle Wrzosek-Batt (Wrzosek)**, Education '95-98. Michelle is married to Eric and is a grade 3 teacher at Sexsmith Elementary School.

'98 **Brandy Sinclair (Meek)**, Office Administration-Computerized Office Legal '96-98. Brandy was married in August of 2000 and works for Cobra Maintenance Ltd. In Fort St. John, BC.

'98 **Amy Lozeron**, Office Administration '96-98. I currently work at Travelhandlers as an Administrative Assistant in Grande Prairie.

'00 **Mike McDonald**, Bachelor of Commerce '98-00. Mike works for KPMG as a Staff Accountant in Lethbridge, Alberta.

'00 **Nan Swanston (Stirling)**, Business Administration/Interactive Digital Design '76-78, '98-00. In 1998 I went back the GPRC in the Interactive Digital Design program. I graduated with a diploma in Visual Arts in 2000 and started Image Design Professionals Inc. with Cheryl McKenzie. Together we have established a design business that is fun and exciting with new projects everyday.

'00 **Cheryl McKenzie (Montgomery)**, Interactive Digital Design '98-00. I entered the Interactive Digital Design program in 1998 and started Image Design Professionals after graduating with Nan Swanston.

'00 **Crystal Decosta**, Business Administration '98-00. Crystal is a Sales and Service representative for the Canadian Western Bank in Grande Prairie.

'00 **Heather Wearmouth**, Science '98-00. Heather is living in Calgary studying and playing volleyball at the U of C. Her favourite memory at GPRC is hosting the Women's Provincial Volleyball.

'00 **Jason McKeeman**, Visual Arts-IDD '97-00. Jason is now a Digital Media Designer in Edmonton.

'00 **Claudette Stalker (Leganchuk)**, Education '98-00. Claudette is married to Mark and lives in Grande Prairie.

'00 **Erin Lynch**, Business Admin. Erin is an Account Manager at the Royal Bank in Grande Prairie.

'01 **Mical Dyck**, Sciences '99-01. Mical is a sales clerk at Outdoor Essentials in Fort McMurray.

'01 **Sandra Gramm**, Office Administration '00-01. Sandra works for the Grande Cache Institution as an Administrative Services Clerk.

'01 **Sheryl Thibault**, Office Administration '99-01. Sheryl is a receptionist in Grande Prairie for Lewis and Wright Insurance.

'01 **Dawn Thibaudeau**, OA-Computerized Accounting Technician '00-01. Dawn lives in Grande Prairie and works at Flint Field Services.

'01 **Wendy Saban (Peacock)**, Office Administration '00-01. Wendy is a Communications Operator at the QE2. She is married and has 2 children, Eric and Mariah.

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# Dr Henry Anderson... Reminiscences of a friend

It was appropriate that I was asked to write about Dr Henry Anderson in *Wisdom*, because he was a man of great wisdom!!

The impression you got when you saw him at his desk for the first time was that of a genial heavy weight with an impish smile. When he started talking, you realized that he was no ordinary man...but an intellectual, with an acerbic wit, quick repartee and a passion for what he was involved in...in this particular case, the College.

Henry Anderson not only got GPRC built, but also gave it stature. Architecturally, there is no educational institution in the world that even remotely resembles the building. Many of the readers, I am sure, do not know that the College at one time was housed in an ex nunnery on 102nd street—now the Hillcrest Christian School. The science labs were in a portable on the parking lot in front of what is now the Prairie Gallery.

So the need for a proper, better and permanent building was dire. Anyone else in Henry's position would have opted for the conventional monoliths of concrete and glass or high rises of glass and steel. But Henry had decided that GPRC would have a unique building. He told us at one meeting that an educational institution must have a soul. As luck would have it, he ran into Douglas Cardinal, a native Indian architect, whose claim to fame was the church in Red Deer. The church is revolutionary in design, and it looks like a meticulously sculpted ant hill. Obviously! Cardinal would say that he con-

ceived it as something that sprouted out of the earth.

Cardinal's design concept for the College met with a lot of opposition from the potential users, possibly because of its unique design. Like the church, it was revolutionary. Of course, it was not just a "college" building. It was a spiritual center too. The original design called for a covered walk from the concourse, culminating in a circular meditation center, with a dome, by the Bear Creek. There would be no faculty "offices" as such...just a curvy concourse, separated by squat dividers...no walls...a place where you had a desk, a couple of chairs and a filing cabinet. Any private meeting would be in specifically designated areas. Meeting with students would be in the concourse.

Henry absorbed all this and was determined to bring to fruition an extraordinary concept. He argued against the objections, gave in a little, and finally got the building built.

Inadvertently, I am sure, he also left a legacy for Alberta and Canada, because he rocketed Cardinal to fame. He got international acclaim and succeeded in getting the commission to design the spectacular museum in Ottawa.

Once the College building was built, this visionary channelled all his energies into another exciting project....The Colleges of the Peace. Taking into account the isolation of the area, he conceived a plan which would combine the resources of all the post secondary institutions in the Peace Region...Fairview, Dawson Creek, Fort St John. What a

glorious thought!! But provincial and parochial prejudices and perhaps a wrong sense of the territorial imperative thwarted his plans.

He left Grande Prairie in 1981, and joined the Ministry of Advanced

Education. He retired in 1987.

Henry will be remembered for many things.

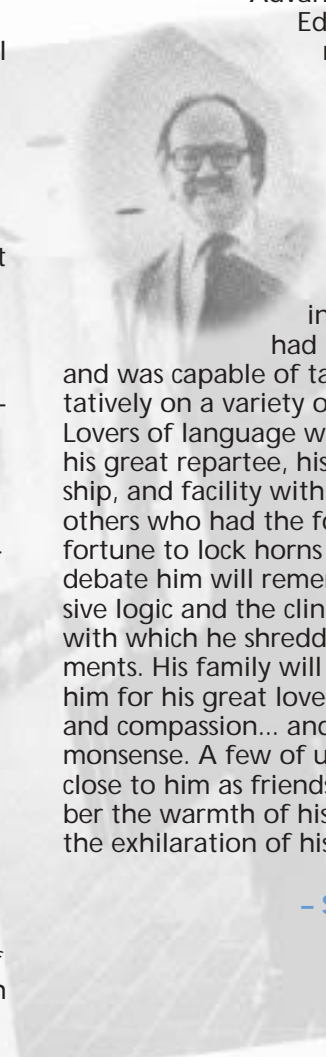
Some will remember his intellect. He

had read widely,

and was capable of talking authoritatively on a variety of subjects.

Lovers of language will remember his great repartee, his wordmanship, and facility with English. Some others who had the fortune or misfortune to lock horns with him and debate him will remember his incisive logic and the clinical precision with which he shredded their arguments. His family will remember him for his great love, sensitivity and compassion... and sheer commonsense. A few of us who got close to him as friends will remember the warmth of his being and the exhilaration of his company.

— Sukumar Nayar



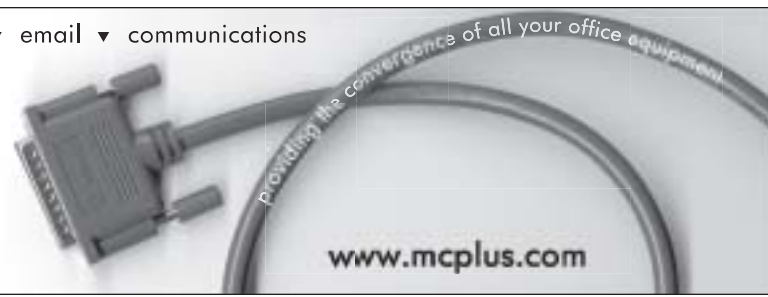
Dr. Henry Anderson takes a final stroll down the halls of GPRC. He held the helm for 15 years. Source: WT July 31, 1981

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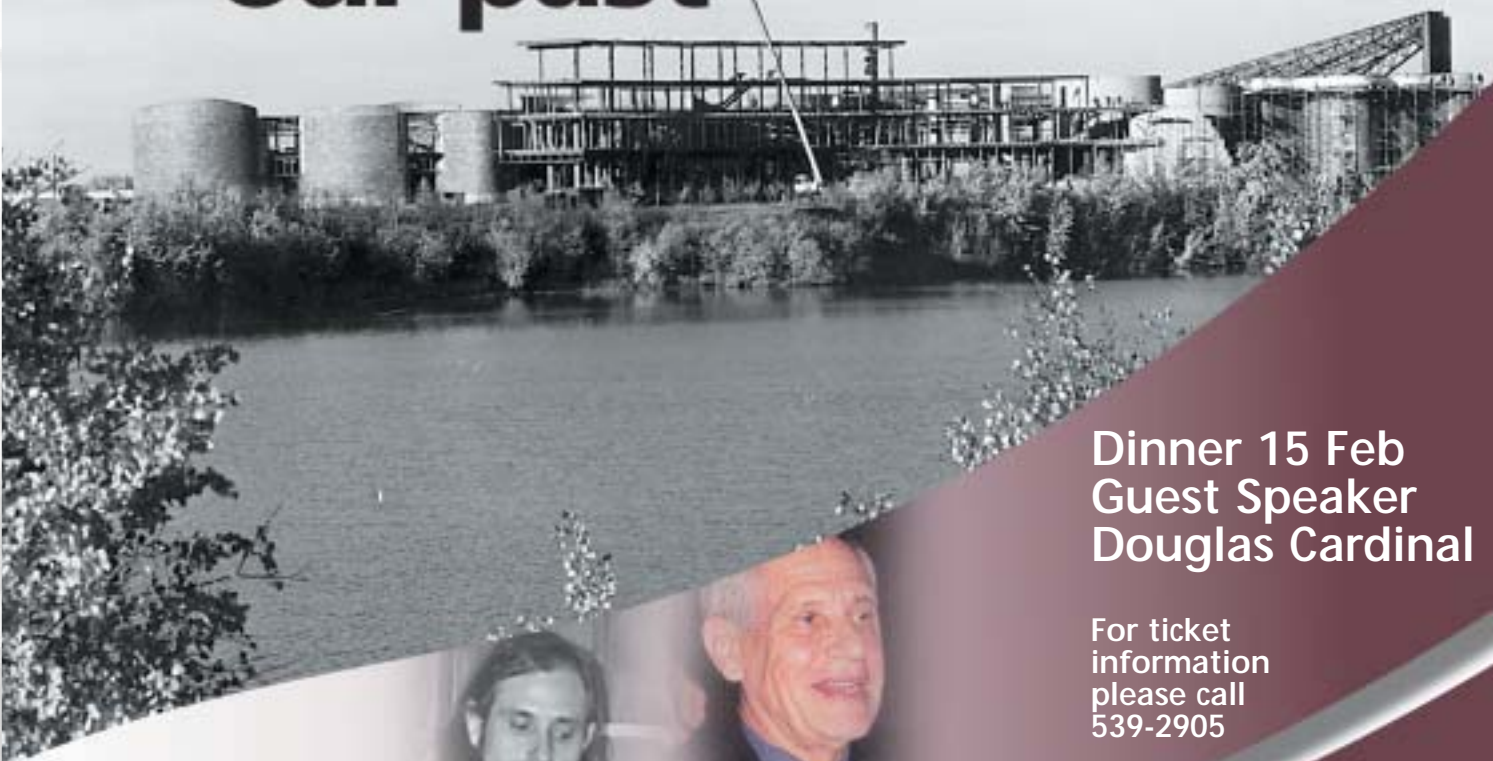
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